



Sensory Garden Native Plant List

Botanical Name	Common Name	Sensory Aspect	Region
<i>Abies balsamea</i>	Balsam fir	Aromatic	NE, MA
<i>Aesculus pavia</i>	Red buckeye	5-fingered palmate leaves are like tiny umbrellas; 3-chambered seed pods	SE, SW
<i>Anemone cylindrica</i>	Windflower	Silky, hairy stems; soft, fluffy seed heads	MW, SW
<i>Artemisia tridentata</i>	Tall sagebrush	Aromatic, fine-textured, gray-green foliage	NW, RM
<i>Asarum canadense</i>	Canada wild ginger	Velvety, heart-shaped leaves	MA, MW, NE, SE
<i>Balsamorhiza sagittata</i>	Balsamroot	Arrowhead shaped leaves	NW, RM
<i>Bouteloua curtipendula</i>	Sideoats grama	Texture	MA, MW, RM, SW
<i>Callicarpa americana</i>	American beautyberry	Bead-like berries	SE, SW
<i>Calocedrus decurrens</i>	Incense cedar	Wood is aromatic	CA, NW
<i>Carya tomentosa</i>	Mockernut hickory	Aromatic foliage	SW
<i>Ceanothus integerrimus</i>	Deerbrush	Fragrant white flowers	NW
<i>Cephalanthus occidentalis</i>	Buttonbush	Curious, fragrant, white balls of bloom	MA, MW, NE, SE, SW
<i>Cercis canadensis</i>	Redbud	Heart-shaped leaves	MA, MW, SE, SW
<i>Chamaecyparis nootkatensis</i>	Yellow cedar	Scale-like needles	AK, NW
<i>Chasmanthium latifolium</i>	River oats, Northern sea oats	Showy, flat seed heads that rattle and flutter in the breeze	MA, SE, SW
<i>Chionanthus virginicus</i>	Fringe tree	Aromatic white flowers	MA, SE, SW
<i>Clematis ligusticifolia</i>	Clematis	Clustered white flowers which become fluffy balls	CA, NW, RM, SW
<i>Clethra alnifolia</i>	Dwarf sweet pepperbush	Delightful, fragrant white racemes (var. 'Hummingbird')	MA, NE, SE
<i>Cupressus arizonica</i>	Arizona cypress	Aromatic blue-green foliage	SW
<i>Dicentra formosa</i>	Bleeding heart	Locket-shaped flowers	CA, NW
<i>Dryas octopetala</i>	Mountain avens	Small, scalloped green leaves; tufted seed pods	AK, NW, RM
<i>Echinacea pallida</i>	Pale purple coneflower	Lance-shaped leaves	MW, SE, SW
<i>Echinacea purpurea</i>	Purple coneflower	Spiky coneflower head	MA, MW, SE, SW
<i>Elaeagnus commutata</i>	Wolf willow, silver berry	Lustrous coating of silvery scales and fragrant yellow flowers	AK, RM
<i>Elymus canadensis</i>	Canada wild rye	Texture	MA, MW, NE, NW, RM, SW
<i>Eriophyllum lanatum</i>	Oregon sunshine	Dense covering of white hairs on the leaves	CA, NW, RM, SW
<i>Eryngium yuccafolium</i>	Rattlesnake master	Spiky, yucca-like foliage is topped in July and August with 3' stems of white, prickly balls	MA, MW, SE, SW
<i>Eupatorium havanense</i>	Mistflower, white boneset	Fragrant white flowers	SW
<i>Fothergilla major</i>	Witch alder	Faintly fragrant, white flowers	SE
<i>Gaultheria procumbens</i>	Wintergreen	Aromatic	MA, NE
<i>Hibiscus coccineus</i>	Red rose mallow	Palmately divided leaves	SE
<i>Ilex verticillata</i>	Winterberry holly	Grayish bark and smooth twigs	MA, MW, SE, SW
<i>Illicium floridanum</i>	Purple anise, Florida anise	Leathery leaves, emit a licorice scent when crushed; star-shaped seed pods	SE
<i>Itea virginica</i>	Virginia sweetspire	Fragrant white flower spires	SE, SW
<i>Juncus effusus</i>	Corkscrew rush	Spirals on spirals wind in and through each other on thin, flexible, round, leafless stems.	MA, SE, SW
<i>Juniperus virginiana</i>	Virginia cedarwood, Red cedar	Aromatic	MA, MW, SW
<i>Ledum groenlandicum</i>	Labrador tea	Aromatic white flowers	AK, NE, NW
<i>Leucothoe axillaries</i>	Coast leucothoe, Dog hobble	Lightly-fragrant, bell-shaped flowers	SE
<i>Liatris aspera</i>	Rough gayfeather	Texture	MA, MW
<i>Liatris spicata</i>	Gayfeather Marsh blazing star	Texture	MA, SE
<i>Liatris squarrosa</i>	Southern blazing star	Texture	SE, SW
<i>Lonicera sempervirens</i>	Coral honeysuckle	Smooth, round opposite leaves surround and pierce the stems	MA, NE, SE, SW





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Lysichiton americanum	Skunk cabbage	Rancid-smelling plant	NW
Magnolia virginiana var. australis	Evergreen sweetbay magnolia	Lemon-scented blossoms	MA, SE, SW
Monarda didyma	Oswego tea	Aromatic leaves	MA
Monarda fistulosa	Wild bergamot	Leaves are pleasantly aromatic	MA, MW, NE, RM, SE, SW
Muhlenbergia capillaris	Hairy awn muhly, Gulf muhly	Narrow green foliage has nice texture	SE, SW
Muhlenbergia rigens	Meadow muhly	Texture	CA
Osmunda cinnamomea	Cinnamon fern	Texture	MA, MW, NE, SE, SW
Panicum virgatum	Switchgrass	Texture	MA, MW, NE, RM, SE, SW
Penstemon fruticosus	Shrubby penstemon	Toothed, glossy leaves	NW, RM
Philadelphus lewisii	Wild mock orange	Beautifully fragrant, large white flowers; smell like oranges	NW, RM
Phlox divaricata	Woodland phlox	Fragrant icy blue flowers (var. 'Clouds of Perfume')	MA
Phlox paniculata	White garden phlox	Fragrant flowers (var. 'David')	MA
Picea glauca	White spruce	Aromatic	NE
Picea mariana	Black spruce	Aromatic	AK, MW, NE
Polystichum acrostichoides	Christmas fern	Texture	MA, MW, NE, SE, SW
Quercus alba	White oak	Shaggy bar	MA, MW, NE, SE, SW
Rhododendron atlanticum	Dwarf or coastal azalea	Fragrant blooms	SE
Rhododendron austrinum	Florida flame azalea	Fragrant yellow blossoms	SE
Rhododendron canescens	Piedmont azalea	Blossoms appear in early April with a delicate, sweet fragrance	SE, SW
Rhododendron viscosum	Swamp azalea	Aromatic white flowers	MA, SE
Rhus lanceolata	Flameleaf sumac	Red fruit has citrusy taste	SW
Rhus typhina	Staghorn sumac	Soft, velvet twigs	MW, NE
Rudbeckia fulgida var. sullivantii	Black-eyed Susan	Texture; hairy stems	MA, SE
Rudbeckia grandiflora	Black-eyed Susan	Texture; hairy stems	SW
Rudbeckia subtomentosa	Sweet black-eyed Susan	Rough, scratchy leaves	MW
Salvia greggii	Texas sage	Aromatic foliage	SW
Salvia lyrata	Purple lyreleaf sage	Walking through the dry seed stalks sounds like walking through rattlesnakes	SW
Sassafras albidum	Sassafras	Green, aromatic twigs	MA, NE, SE, SW
Schizachyrium scoparium	Little bluestem	Texture	MA, MW, NE, RM, SE, SW
Senecio aureus	Golden ragwort	Scalloped, kidney-shaped leaves	MA, NE, SE
Solidago caesia	Bluestem goldenrod	Texture	MA, NE, SE
Solidago odora	Sweet goldenrod	Fragrant, licorice-scented foliage	SE
Sophora secundiflora	Texas mountain laurel	Fragrant purple flowers	SW
Sorghastrum nutans	Indiangrass	Texture	MA, MW, NE, SE, SW
Stylophorum diphyllum	Celandine poppy	Unusual hairy seedpods	MA
Thermopsis villosa	Carolina lupine, bush pea	Long-lasting flat seed pods atop hairy seeds	SE
Thuja occidentalis	American or eastern white cedar	Aromatic	MW, NE
Tsuga canadensis	Canadian or eastern hemlock	Aromatic	MA, MW, NE, SE
Tsuga caroliniana	Carolina hemlock	Aromatic	SE
Tsuga heterophylla	Western hemlock	Aromatic	AK, NW
Tsuga mertensiana	Mountain hemlock	Aromatic	AK, NW, RM
Umbellularia californica	California bay laurel	When crushed, the foliage, twigs and other parts are pungently aromatic	CA, NW
Viburnum prunifolium	Black haw	Texture from extremely scaly light brown bark	MW, SE, SW
Zizia aurea	Golden alexanders	Divided toothed leaflets yield flat topped umbels	MW, NE, SW

Sensory Plant Key

Alaska (AK)
California (CA) both Northern & Southern California
Mid-Atlantic (MA) includes DC, DE, KY, MD, NJ, OH, PA, VA, WV

Midwest (MW) includes IA, IL, IN, KS, MI, MN, MO, ND, NE, SD, WI
Northeast (NE) includes CT, MA, ME, NH, NY, RI, VT
Northwest (NW) includes OR, WA

Rocky Mountain (RM) includes CO, ID, MT, NV, UT, WY
Southeast (SE) includes AL, AR, FL, GA, LA, MS, NC, SC, TN
Southwest (SW) includes AZ, NM, OK, TX

